



Endovenous Laser Treatment and Endovenous Chemical Ablation Information

Before Treatment:

1. Cleanse your legs thoroughly.
2. Do not apply cream or lotion on your legs.
3. Do not shave your legs, to avoid discomfort from alcohol swab.
4. Wear a two-piece outfit and you may bring loose fitting shorts to wear.
5. If you have been prescribed compression hose, please bring them with you.

After Treatment:

1. Resume normal activities. Walking immediately after treatment may improve the results of your procedure.
2. Treated areas may be slightly tender, red, and swollen. Some bruising is normal. You may apply ice over the site for discomfort. Do not apply heat. You should take Tylenol or Ibuprofen (200 mg tablet, 2 tablets twice a day with meals for one (1) week.
3. You will be required to wear compression hose. You must wear the hose continuously for the first 48 hours. If numbness or extreme discomfort occurs, please contact our office. After the first 48 hours, hose must be worn during the day for at least two weeks. If you can tolerate the hose at night, please continue to do so. The more you wear the hose, the better the results of your procedure.
 - Hose care: Hose must be hand-washed or treated as delicate and air dried only! Do not put hose in the dryer or they will be damaged and lose their elasticity.
4. Follow any additional instructions and keep appointments as directed by your physician.

We would appreciate your time to complete the online patient survey to help us best serve your needs. The survey can be found on our website at www.vcspecialists.com

If you have any questions or concerns, please contact our office at 863-577-0269.

Patient Name

Date