



*Better Care. Better Results.*

## **Sclerotherapy Information**

### **Before Treatment:**

1. Cleanse your legs thoroughly.
2. Do not apply cream or lotion on your legs.
3. Do not shave your legs, to avoid discomfort from alcohol swab.
4. Wear a two-piece outfit and you may bring loose fitting shorts to wear.

### **After Treatment**

1. Resume normal activities. Walking immediately after treatment may improve results of your procedure.
2. Refrain from hot baths and hot tubs for 48 hours as this may diminish the results of your procedure.
3. Avoid prolonged, direct sun exposure as this may cause skin staining at treatment sites.
4. Apply an over-the-counter topical 1% hydrocortisone cream, if itching develops at treatment site.
5. Follow any additional instructions and keep appointments as directed by your physician.

We would appreciate your time to complete the online patient survey to help us best serve your needs. The survey can be found at [www.vcspecialists.com](http://www.vcspecialists.com).

**If you have any questions or concerns, please contact our office at 863-577-0269.**

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Patient name

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Date